

Dr. Stacia Thompson Media Kit

Speaker | Author | Social Impact Strategist

Equipping leaders and entrepreneurs with the tools to build thriving communities, courageous leadership, and sustainable success.



About Dr. Stacia Thompson

Dr. Stacia Thompson is a highly sought-after speaker, author, and social impact strategist. With years of experience working with both corporate and nonprofit organizations, she is passionate about equipping leaders and entrepreneurs with the tools they need to create lasting change. Her engaging presentations and workshops are designed to inspire, empower, and provide practical strategies for success.

Areas of Expertise

- Leadership Development
- Entrepreneurship
- Social Impact
- Community Building
- Work-Life Sustainability
- Women's Empowerment

Most Requested Keynote

Beyond the Hustle: Embracing Rest as Your Superpower

Unlock sustainable success by prioritizing rest and renewal.

The Challenge

Leaders and professionals often face burnout due to the constant pressure to achieve and maintain a relentless pace. This can lead to decreased productivity, poor decision-making, and a decline in overall well-being.

The Solution

Introducing the **PAUSE Framework**:

- **Protect Your Peace**
- **Align with Your Purpose**
- **Understand Your Needs**
- **Slow Down with Intention**
- **Embrace Renewal**

Audience Takeaways

- Recognize the signs and symptoms of burnout.
- Protect your time and energy by setting clear boundaries.
- Align your actions with your core values and purpose.
- Create sustainable rhythms that support your well-being.
- Embrace rest and renewal as essential components of success.

Additional Keynotes & Workshops

- **Leading with Courage:** *Empowering leaders to make bold decisions and inspire their teams.*
- **Building Thriving Communities:** *Strategies for creating inclusive and engaged communities.*
- **The Power of Purpose:** *Discovering and aligning with your unique purpose to drive meaningful impact.*
- **Sustainable Success:** *Creating long-term success by prioritizing well-being and work-life balance.*
- **Unleashing Your Entrepreneurial Spirit:** *Igniting innovation and driving growth through entrepreneurial thinking.*

Programs for Women's Organizations & Sororities

Dr. Thompson offers tailored programs designed to empower women and foster their success in entrepreneurship, leadership, and community impact. Key themes include:

- Entrepreneurship and Innovation
- Leadership Development and Mentorship
- Economic Empowerment and Financial Literacy
- Work-Life Sustainability and Well-being

Awards & Recognition

- 2026 Phenomenal Woman Empowerment Award
- 2025 Lois Y Howze Spirit of Hope Award
- 2024 Milwaukee Magazine Woman of Distinction
- 2023 Milwaukee Business Journal Woman of Influence

Speaking Formats

Dr. Stacia Thompson offers engaging presentations that can be customized for conferences, leadership programs, women's organizations, universities, and entrepreneurship initiatives.

Available Formats:

- Keynote Presentations (45–60 minutes)
- Interactive Workshops (60–90 minutes)
- Virtual Webinars and Presentations
- Panel Discussions and Moderated Conversations
- Half-Day Training Sessions
- Multi-Session Workshop Series

Typical Fee Ranges

- Virtual Workshop (45–60 minutes): \$750 – \$1,500
- In-Person Workshop (45–60 minutes): \$1,500 – \$3,000 plus travel if applicable
- Keynote Presentations: \$2,500 – \$5,000
- Half-Day Training Sessions: \$3,500 – \$6,500

These represent standard speaking ranges. Dr. Thompson is happy to work with organizations to make sessions accessible, particularly when there are opportunities for multiple engagements or the promotion of books and related resources.

Booking & Contact

Dr. Stacia Thompson

Email: info@staciathompson.com

Additional information and scheduling details are available upon request.

Dr. Thompson's presentations are designed to equip audiences with practical tools for leadership, entrepreneurship, and community impact while fostering meaningful dialogue and actionable next steps.

